

CORONAVIRUS UPDATE



Coronavirus (2019-nCov)

On December 31, 2019, health authorities identified a novel coronavirus (2019-nCov) in Wuhan, China. This infographic is intended for Canadian residents. Information is up to date as of **February 1, 2020**.



Canada: low risk
Avoid all travel to China



WHO: international concern
Spread to countries with weak public health systems

Coronavirus Presentation

Potential cases of 2019-nCoV should be **isolated, instructed to wear a procedural mask, and referred** to their primary care provider, telehealth, or local public health unit for **screening over the phone**.

Symptoms of 2019-nCoV



Fever



Difficulty Breathing



Cough

May take **14 days** to appear post-exposure.

And

Travel History



Travel to Wuhan, China within **14 days** prior to symptom onset

Or



Close contact with someone who was ill and recently travelled to Wuhan, China

Phone screening will enable proper precautions to be put in place in advance of patient arrival
Report suspected cases to the local public health unit

Masks are Unnecessary for the General Public



A surgical/procedural mask, in addition to PPE, is recommended for those in close contact with a person with/under investigation for 2019-nCov

A fitted N95 mask is recommended for healthcare workers performing aerosol-generating medical procedures on a person with/under investigation for 2019-nCov

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Preventing Infections



Avoid travel to China

Especially to Wuhan, China



Clean hands often

Using alcohol-based hand rub or soap and water



Cover mouth and nose

Cover with tissue while coughing or sneezing. Dispose tissue



Avoid close contact

With anyone who is ill & traveled to Wuhan within 14 days of illness



Seek care

If symptoms & travel history present. Call in advance of arrival



Avoid touching face

Avoid touching eyes, nose, and mouth with unwashed hands

Treating Coronavirus

Currently, there are **no treatments** for coronavirus, and there is **no vaccine** that protects against it. Most people with common human coronavirus illness will recover on their own. Address symptoms:



Rest and sleep



Stay hydrated



Humidifier, hot shower for sore throat & cough



OTCs for pain or fever